

Care of the mind

Making your wishes known Your wishes as you die

Personal preferences

- I would prefer to have lots of people around me as I die, OR
- I would prefer to only have a few close people around me, OR
- I would prefer to be alone
- The specific people I would like to be with me as I die are:
- The things the people around me can do that would make me feel peaceful are:
- I would like to be reminded of the following positive personal qualities and life contributions:
- The pets I would like to be with me are:
- I would prefer to be touched as little as possible as I die, OR
- I would prefer to be comforted by touch

Spiritual preferences

- The person(s) from my faith tradition or community I would like to be with me as I die are:
- The person(s) from my faith tradition or community I would like to be notified are:
- Special practices that I would like observed as I am dying because of my spiritual or cultural beliefs are:
- The person(s) from my faith tradition or community that I would like to assist me with these practices are:
- I would like the following calming and inspiring images, objects, smells around me as I die:
- I have recorded the following prayers / meditations / music / readings to listen to:
- I would like the following prayers / meditations / music / readings recited for me to listen to:

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- I would like the following prayers / meditations / music / readings recited on my behalf:
- I would like to be reminded of the love, acceptance and compassion I receive from the following divine being as I die:

Karuna also has experienced people you can talk with on:
07 3632 8300 or karuna@karuna.org.au



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